



INFO-SANTÉ 811

Nurses available 24/7
811



EMERGENCY ON THE CAMPUS

UdeM Safety
514 343-7771



Health and psychological counseling center

2101, boul. Édouard-Montpetit, 2nd floor (in front of the CEPSUM), door 220
Consultations by appointment and Emergency psychological service for students
514 343-6452



ASEQ Students Health Assistance Program

24/7
Free access to consultations with professionals in person, by phone, video or email
1 8333 202-4570



CLSC Côte-des-Neiges

5700, ch. de la Côte-des-Neiges
Psychosocial help and minor emergency
514 731-8531



Multi-écoute

3600, av. Barclay, Room 460
Listening service in several languages (Persian, Arabic, Spanish, English, French, Russian)
Free psychosocial follow-ups
514 737-3604



CENTRE DE CRISE Tracom

Psychosocial crisis intervention services
24/7
514 483-3033



Suicide-Action Montréal (SAM)

Confidential telephone intervention
24/7
514 723-4000



UdeM Sentinels Network

Sentinels list: <http://cscp.umontreal.ca/activiteprevention/sentinelle.htm>
Julie Mantovani - Room 3306-1